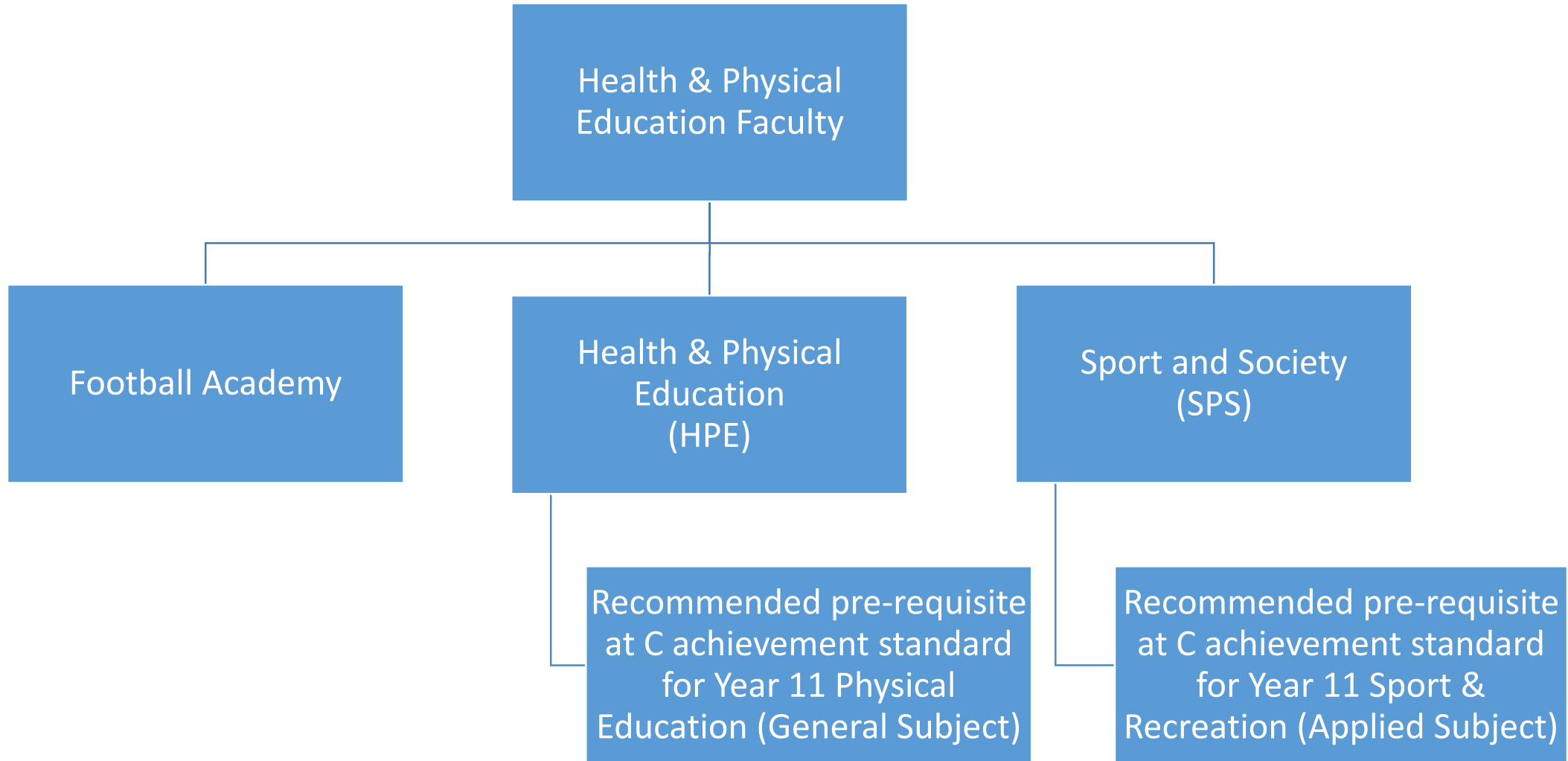




Health & Physical Education Faculty

Subject offerings and pathways



Football Academy

Frequently Asked Questions - Football Academy

How to I join Football Academy?

Football Academy is a by selection only subject which aims to develop students football performance through the specialised soccer/futsal program.

Is there any theory?

There is the potential for theory to be included and theoretical units may include anatomy and exercise science, training program design, psychology of sport, and nutrition.

Frequently Asked Questions - Football Academy

How will I be assessed?

Students will be assessed against two standards of *Investigating* and *Performance* and *Practical application*. The mode of these assessment will include: Practical performance, Written and Practical exams, Multi modal presentations, and Research assignments.

Student Work Samples – Football Academy

Football practical



Futsal practical



Health & Physical Education

Frequently Asked Questions – Health & Physical Education

Why select this subject?

This subject focuses on the key components of physical, intellectual, social and emotional capacities and provides the foundations for learning and alignment to the senior General course, Physical Education. The theoretical content learnt also provides valuable background knowledge for students wishing to undertake the senior Certificate III Fitness course.

What content will I learn?

Throughout the four units students will learn about motor learning, functional anatomy, biomechanics, sports psychology, equity and physical activity, tactical awareness, ethic and integrity, energy, fitness and training.

Frequently Asked Questions – Health & Physical Education

How will I be assessed?

Unit 1: Examination - on motor learning anatomy and physiology

Unit 2: Project – folio on sport psychology

Investigation – report on equity

Unit 3: Project – folio on tactical awareness

Investigation – report on ethics and integrity

Unit 4: Examination – on energy, fitness and training

What sports/activities will I play?

Soccer, Touch Football, Badminton, Athletics, Softball and Archery.

Student Work Samples –Health & Physical Education

Softball practical



Archery practical



Sport and Society

Frequently Asked Questions – Sport and Society

Why select this subject?

Sport and Society aims at providing students with a subject that provides physical opportunities through a variety of individual and team based sports as well being a part of learning experiences within the classroom that highlight the connection of physical activity and the community.

What sports/activities will I play?

Sport and Society covers the following topics; Futsal, Oz Tag, Table Tennis, Swimming, Badminton, Touch Football, Strength and Conditioning, Lawn Bowls, Volleyball, and Athletics.

Frequently Asked Questions – Sport and Society

How will I be assessed?

Students will be assessed against the two standards of *Investigating* and *Performance and Practical* application. The mode of these assessments will range from written, multiple choice and short answer exams to individual and group presentations.

Student Work Samples – Sport in Society

Badminton practical



Touch Football practical



Contact Details

If you require any further details about this course please feel free to contact:

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